

17. What is the first way that we are tempted by lust?

18. How can we train our eyes against this?

**Matthew 6:13 (ESV)** <sup>13</sup> And lead us not into temptation, but deliver us from evil.

19. How can this prayer help us in our battle against lust?

20. What is one thing you learned either in the sermon or in this study that you will practice in your fight against lust?

## The 7 Deadly sins Lust

**1 Thessalonians 4:3 (GW)** <sup>3</sup> It is God's will that you keep away from sexual sin as a mark of your devotion to him.

1. How does staying away from sexual sin show your devotion to God?

**1 Thessalonians 4:4-5 (GW)** <sup>4</sup> Each of you should know that finding a husband or wife for yourself is to be done in a holy and honorable way, <sup>5</sup> not in the passionate, lustful way of people who don't know God.

2. How do you choose a spouse in a holy and honorable way?

3. What do you think happens when you choose a spouse in a lustful way?

*The union of husband and wife in heart, body, and mind is intended by God for the mutual companionship, help, and support that each person ought to receive from the other, both in prosperity and in adversity. Marriage was also ordained so that man and woman may find delight in one another. Therefore, all persons who marry shall take a spouse in holiness and honor, not in the passion of lust, for God has not called us to impurity but in holiness. God also established marriage for the procreation of children who are to be brought up in the fear and instruction of the Lord so that they may offer Him their praise.*

4. This is part of our marriage ceremony at New Life. What are the positive reasons for marriage?

5. Why shouldn't marriage be entered into on account of lust?

**Genesis 1:27-28 (GW)** <sup>27</sup> So God created humans in his image.  
In the image of God he created them.  
He created them male and female.

<sup>28</sup> God blessed them and said, “Be fertile, increase in number, fill the earth, and be its master. Rule the fish in the sea, the birds in the sky, and all the animals that crawl on the earth.”

6. How were humans made?

7. What were the commands that God gave to the first people?

8. What do we learn about sex from this passage?

**1 Corinthians 7:1-2 (GW)** <sup>1</sup> Now, concerning the things that you wrote about: It’s good for men not to get married. <sup>2</sup> But in order to avoid sexual sins, each man should have his own wife, and each woman should have her own husband.

9. What are some reasons that people should stay single?

10. What is a reason for someone to get married?

11. How do you reconcile this reason with the admonition not to get a spouse on account of lust?

**1 Corinthians 7:3-4 (GW)** <sup>3</sup> Husbands and wives should satisfy each other’s <sub>1</sub>sexual<sub>1</sub> needs. <sup>4</sup> A wife doesn’t have authority over her own body, but her husband does. In the same way, a husband doesn’t have authority over his own body, but his wife does.

12. What is the principle that Paul is talking about in marriage?

**1 Corinthians 7:5 (GW)** <sup>5</sup> Don’t withhold yourselves from each other unless you agree to do so for a set time to devote yourselves to prayer. Then you should get back together so that Satan doesn’t use your lack of self-control to tempt you.

13. What are legitimate reasons for not having sex in marriage?

14. What does Paul warn against regarding withholding sex?

**1 Corinthians 10:13 (GW)** <sup>13</sup> There isn’t any temptation that you have experienced which is unusual for humans. God, who faithfully keeps his promises, will not allow you to be tempted beyond your power to resist. But when you are tempted, he will also give you the ability to endure the temptation as your way of escape.

15. What is the comfort in this passage regarding the temptation of lust?

**Hebrews 4:15-16 (GW)** <sup>15</sup> We have a chief priest who is able to sympathize with our weaknesses. He was tempted in every way that we are, but he didn’t sin. <sup>16</sup> So we can go confidently to the throne of God’s kindness to receive mercy and find kindness, which will help us at the right time.

16. What is the comfort in this passage regarding the temptation of lust?

**Matthew 5:27-28 (GW)** <sup>27</sup> “You have heard that it was said, ‘Never commit adultery.’” <sup>28</sup> But I can guarantee that whoever looks with lust at a woman has already committed adultery in his heart.